

Hi, just a reminder that you're receiving this email because you have expressed an interest in PASFI. Don't forget to add pasfi@aol.com to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



239-417-3465
2950 Tamiami Trail
North Suite 20
Naples, FL 34103
www.pasfi.org

An affiliate member of the National Parkinson Foundation

October 2, 2011

[Join Our Mailing List!](#)

Do You Want to Learn More?

Save the Date!

Thursday, November 3, 2011 from 10 a.m. to 1 p.m.

Upcoming Events

October 3
Special Board Meeting,
5 pm
PASFI office

October 5
Board Meeting
5 pm, PASFI office

October 18
PASFI dinner at the
Jolly Cricket!
Save the Date!
PASFI will receive a
donation for each
dinner so bring your
friends.

October 19
Halloween Party at
PASFI, noon

Caregiver Services Inc.
presents:
Fall Back to Good Health Expo 2011
THURSDAY, November 3rd, (10 am to 1 pm)
"Learn about your future health care needs"
Golden Gate Community Center
4701 Golden Gate Parkway, Naples, FL 34116

FREE ADULT DAY CARE

FREE Italian Ice's, brownies, Chicken Nuggets, Boxed LUNCH, Raffles & Door Prizes

- ▶ Admission is FREE
- ▶ Flu shots, (\$0 co-pay for Medicare attendees)
- ▶ Free blood pressure, cholesterol and hemoglobin screenings
- ▶ Wartime veterans aid & attendance information
- ▶ Computer training, fire safety, financial and retirement planning
- ▶ Enjoy music, dancing and fitness
- ▶ Proceeds to benefit Parkinson's Association SW Fla

For information or sponsorship call Kelly Bennett
239-634-6405

Dr. Gregory Spain
Foot & Ankle
Surgery

For More Information Visit:



[Click here for the](#)

Volunteers are the life blood of our organization. Recently, we were

delighted to have third year medical student, Krishna Vanam, research Lewy Body Dementia for us. The following is a short article that Krishna wrote for our members:

"Black Box Warning"- Medications to Absolutely Avoid in Lewy Body Dementia

If you ever find yourself in the Emergency Room or hospital with a loved one, chances are you will feel very overwhelmed. With all the doctors, assistants, nurses, and technicians asking you questions about what happened to your family member, what medical history they have, what medications they take, what they're allergic to... it can all become very confusing!

Now throw in something like Lewy Body Dementia (LBD), which is an illness that only a few specialized doctors fully understand, and you have an even more perplexing situation. But don't worry- we'll discuss here a few simple and important things to remember when you're in the hospital with a loved one with LBD, which will make the whole experience easier for you and the doctors, and will also protect your loved one's health.

There are a few medications you want to absolutely avoid when treating someone with LBD. Medications are typically grouped together in classes. So when doctors want to treat your loved one, make sure to void the following classes of medications:

- Traditional or Typical antipsychotics (like Haloperidol, Thioridazine)
- Some Atypical antipsychotics (like Olanzapine, Risperidone)
- Older antidepressants (like Tricyclic antidepressants (TCAs)
- Benzodiazepines (like Ativan and Valium)
- Some over the counter sleep medications, anti-histamines (like Benadryl), and motion sickness medications
- Anesthesia during surgery

You want to remember this term: Neuroleptic Malignant Syndrome (NMS). It is a type of reaction that affects people with LBD if they are given some of the above medications. The things to look out for with NMS include muscle cramps, fever, unstable blood pressure, agitation, and delirium.

Now you're ready! The next time you find yourself in the unfortunate setting of a hospital with your loved one who suffers from LBD, just remember the key words listed above. They will not only make the experience much more manageable, but they will also save your family member's life.

Krishna is a student of Nova Southeastern University College of Osteopathic Medicine and is completing his medical rotations in the NCH hospitals.

Need Medical Equipment?

PASFI Website



Click [here](#) for the National Parkinson Foundation Website. PASFI has been affiliated with NFP since 1997.



Click [here](#) for the United Way Website PASFI is a United Way member agency.

Parkinson's Action Network (PAN) Click [here](#) to sign up for their newsletters and action alerts.

American Parkinson Disease Association Foundation [click here](#)

Foundation for PSP, CBD and Related Brain Diseases [click here](#)

International Essential Tremor Foundation [click here](#)

Lewy Body Dementia Association [click here](#)

National Ataxia Foundation [click here](#)



[Click here](#)

Barbara Troutner has an over the bed trapeze and lift-seat commode available if anyone needs them. Call her at 793-5413 for more information.

Recently the office has acquired a set of heel protectors (new), a bag of 30 belted undergarments (disposable), and a box of Bard Latex-Free Urinary Drainage bags. If you have need of any of these items, or need to borrow a wheelchair, transport chair, shower chair, or commode, please call the office (417-3465).

Don't forget our extensive lending library.

Don't Forget the Deadline!

All entries for the Poker Walk T-Shirt Design Contest are due in the PASFI office by October 17, 2011. The Poker Walk Committee will notify the winner, so make sure that you include your contact information. You can email a file- if you are that computer proficient- to pasfi@aol.com, otherwise send a copy by snail mail to:

Poker Walk Committee
Parkinson Association of Southwest Florida
2950 Tamiami Trail N, Ste. 20
Naples, FL 34103

Calling all special people!

We are looking for an energetic, passionate person to chair the 2013 Movement Day Walk.

Be a Santa to a Senior Program

Home Instead Senior Care is looking for the names of seniors in need of a present at holiday time. If you know someone who is without family or just lonely and in need of some cheering up, please let us know and we'll add their name to the Be a Santa to a Senior Program. We will need information about sizes and needs, which we will pass on to Home Instead. Any dietary restrictions would be helpful. Some ideas are nightgowns, slippers, cd's, books, etc. The gifts will be distributed through the PASFI office. Please submit names immediately.

Sincerely,

Ruth Hubing, Executive Director, pasfied@aol.com
Lauren McAuley, Assistant to the Executive Director, pasfiaa@aol.com

Parkinson Association of Southwest Florida Inc.

[Forward email](#)



We have several people to honor this week who were involved in the artistic improvement of the office.

First of all, we thank Charles and Lenore Mattoff for painting the walls in the reception area. What a terrific husband and wife team they are!

Then we thank Rhona Saunders for introducing us to Victor Caroli, an actor, voice-over artist, and now-photographer, who donated several of his works as decorations for the office.

And finally, we thank Isabel Etkin-Bayer for coordinating the hanging of the photographs.



See more pictures on our website.



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